

Campbell Collaboration Social Welfare Coordinating Group
Title Registration Form

Please complete this form to begin the process of registering a review with the Campbell Collaboration Social Welfare group. When approved by the editorial board, the title and registration form will be posted in the Campbell Library (<http://www.campbellcollaboration.org/Fralibrary2.html>). Please be explicit about what you will and will not do. Use as much space in the form as you wish. Please return the completed form to awi@nokc.no.

1. Title of review (Suggested format: [intervention/s] for [outcome/s] in [problem/population] in [location/situation]. Example: behavioural therapy for reducing violence among adolescents in institutions)

Motivational Interviewing (MI) against reoffending in prison populations.

2. Background and objective of this review (Briefly describe the problem and the intervention.)

Motivational interviewing is a client-centered, directive method for enhancing intrinsic motivation to change by exploring and resolving ambivalence. MI counselling does not require professional training as nurse, psychologist, etc. Hence, MI may be incorporated in programmes run by health care staff as well as prison staff. There are explicit standards for practitioners regarding education and competence, and there is a quality control to ensure that the method is in fact used as intended. Promising results have been reported as to the effect of the method offered both to persons with different addictions (nicotine, alcohol, drugs), psychiatric conditions, as well as combinations of these. MI has recently been introduced into the criminal justice system, in Europe as well as in North-America.

3. Define the population (Who is included and who is excluded?)

Incarcerated offenders.

To the extent the data permits, we will look at subgroups of people with drug dependence, psychiatric illness, violence, offenders with a previous history of incarceration, etc.

4. Intervention/s (What is given, by whom, and for how long? What are the comparison conditions?)

Motivational interviewing, both group therapy and individual therapy.

The comparison group will receive alternative psychosocial interventions or treatment as usual.

5. Outcome/s (What are the intended effects of the intervention? Primary and secondary outcomes should all be mentioned.)

Primary outcome is residual criminality (reoffending) within two years after discharge.

Secondary outcomes will be included to the extent that they are reported in the studies: attending follow-up appointments/aftercare; drug/alcohol relapse, etc.

6. Methodology (What types of studies are included and excluded? Please describe eligible study designs, control/comparison groups, measures, and duration of follow-ups.)

Included designs are randomised controlled trials, cluster-randomised trials, quasi-randomised trials, interrupted time-series, and regression-discontinuity design.

Reviewers

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Do you need support in any of these areas: methodology and causal inference, systematic searches, coding, statistics (meta-analysis)?

No

Once the editorial board approves the registration of your title, you have six months to complete the protocol. If the protocol is not finished after six months, the review area is opened up for others. Queries should be addressed to awi@nokc.no

Revised 11 June 2007